



# PSHE Policy

**Signed:**

**Chair:** *R. Patrick*

**Head:** *B. Wilkinson*

**Date:** October 2022

**Review date:** October 2023



### **Our school vision**

At Bursley Academy we believe our school will nurture all individuals in their journey to achieve their full and unique potential. We are committed to developing a welcoming, safe and stimulating learning environment that will enable our pupils to become responsible and lifelong learners.

At Bursley Academy our children come first and our priority is to deliver high quality teaching and learning in an environment that is safe and stimulating. We are deeply aware that children only get one chance at their primary education and it is our job to ensure that they all reach for the highest levels of personal achievement and development.

### **The Importance of PSHE**

Our personal, social and health education (PSHE) programme promotes children's personal, social and economic development, as well as their health and wellbeing. It helps to give children the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens. Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities.

At Bursley Academy, children's wellbeing, happiness and safety are our first priority, and PSHE is the key vehicle through which we share this with children. We regard PSHE as an important, integral component of the whole curriculum; it is central to our approach and at the core of our ethos.

Our PSHE curriculum is broad and balanced, ensuring that it:

- Promotes the spiritual, moral, cultural, mental and physical development of our children and of society;
- Promote British values
- Prepares our children for the opportunities, responsibilities and experiences they already face and for adult life;
- Provides information about keeping healthy and safe, emotionally and physically;
- Encourages our children to understand how all actions have consequences and how they can make informed choices to help themselves, others and the environment.
- Promotes our school ethos of Nurture, Inspire, Achieve.

### **Aims and purposes of PSHE**

For children to know:

#### *Health & Wellbeing*

- Know and understand what constitutes a healthy lifestyle.
- Know how to maintain physical, mental and emotional health and wellbeing.
- Be aware of safety issues, including how to respond in an emergency.
- Know how to manage change, including puberty, transition and loss.



### *Relationships*

- Develop and maintain a variety of healthy relationships within a range of social and cultural contexts.
- Know how to recognise and manage emotions within a range of relationships.
- Know how to recognise risky or negative relationships, including all forms of bullying and abuse, and ask for help.
- Know how to respect equality and diversity in relationships.

### *Living in the Wider World*

- Know the importance of responsible behaviours and actions.
- Be responsible and independent members of the school community.
- Be positive and active members of a democratic society.
- Know about the importance of respecting and protecting the environment.
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues.
- Develop good relationships with other members of the school and the wider community.
- Know about where money comes from, keeping it safe and the importance of managing it effectively.
- Have a basic understanding of enterprise.

At Bursley Academy, we want our school curriculum to promote spiritual, moral, social and cultural development and prepare all pupils for the opportunities and responsibilities within their lives. PSHE contributes to the school curriculum by helping to give pupils the skills, knowledge and understanding to lead confident, healthy, independent lives and to become informed, active and responsible citizens. As part of our PSHE we also make sure we are promoting the British values of democracy, the rule of law, individual liberty, mutual respect and tolerance of those of different faiths and beliefs. We want to inform parents/carers about the PSHE curriculum to enable the whole school community to work as part of a collaborative team.

### **Organisation / Provision**

PSHE is delivered within a whole school approach which includes:

- Dedicated curriculum time
- Teaching PSHE through and in other subjects/curriculum areas
- Circle Time, Role-Play, Discussions, Stories
- Pupil initiated activities
- Specialised assemblies
- PSHE activities and school events e.g. Friends Days
- Pastoral care and guidance
- Visiting speakers

### **Cross curricular Links**

At Bursley Academy, children experience PSHE in a variety of ways-



- Links are made with PSHE in other curriculum areas as appropriate. In the Foundation Stage (EYFS) PSHE is a key part of the curriculum and is integral in all seven areas of learning. It is also taught specifically in the Personal, Social and Emotional area of learning.
- Children are encouraged to take part in a wide range of activities and experiences beyond the curriculum (e.g. School Council) contributing fully to the life of the school.
- Themes are explored through the school year and in class assemblies.
- Various charities are supported (e.g. Macmillan, Comic Relief/Sports Relief and The Royal British Legion etc.)
- Various days are recognised (e.g. Red Nose Day etc).

As a school we use the PSHE Association curriculum toolkit which provides explicit, structured, whole-curriculum frameworks and resources to aid our delivery of PHSE. The current PSHE long term plan for Year 1 through to Year 6 can be found in Appendix 1. Throughout each Key Stage; three core themes are focused on: Health and Wellbeing, Relationships and Living in the Wider World. Within these core themes the following aspects are delivered; healthy lifestyles, keeping safe, growing and changing, healthy relationships, feelings and emotions, valuing difference, rights and responsibilities, taking care of the environment and money.

Teachers will choose the method most appropriate for their whole class to meet the objectives of the lesson.

### **Relationships within School**

Relationships at Bursley Academy are based on an atmosphere of trust and respect for everyone. Our School Motto is 'Nurture, Inspire, Achieve'. Children are encouraged to develop good relationships with their peers and all staff and to take responsibility for their own behaviour. All staff provide very good role models for children and work hard to promote a safe, happy environment. The children have an active School Council where two children from each class are elected to represent the class's views.

### **Working with Parents/Carers and external agencies/ community links**

Working with parents/carers is a vital part of the PSHE curriculum, because the provision should complement the personal and social development of children provided at home.

At Bursley Academy the parent/carer is involved at the very start of a child's first education, in meetings and in consultation over the Home-School agreement. Parent/carer involvement is encouraged in all parts of their child/children's education.

Community links and work-related activities linked with charitable and voluntary groups are encouraged in order to complement the PSHE curriculum and benefit the school, both locally and world-wide.



External agencies should not be left alone with a class, group or individual. Some external agencies working in school are bound by their own professional codes of conduct and school policy needs to be clarified from the start.

### **Assessment, Monitoring and Recording**

To be successful independent learners, students need regular opportunities to reflect on and identify what they have learnt, what needs to be learnt next and what they need to do to continue their learning. Teachers and other professionals also need to be clear about the progress and achievements of the students they teach and how their learning might be improved. Children are informally assessed by staff throughout their work and the reports given to parents will reflect this. Recording of work will be in a form appropriate to the planned focus and will be shown in teacher's planning. Evidence of PSHE will be in a variety of forms in the child's own PSHE book or class book e.g. photographs as well as written work. The very nature of PSHE means that careful consideration should be given to the best means of recording. Written work may not always be appropriate and staff will use their professional judgment in this. The headteacher and PSHE team are responsible for monitoring the standards of children's progress and achievement, and quality of teaching.

### **Equal Opportunities**

All children have equal access to the PSHE curriculum and developmentally appropriate materials. Delivery will be differentiated appropriately. Our resource and materials are sensitive to the needs and backgrounds of the children and will not reflect gender or cultural stereotypes. These are monitored annually to ensure that sensitivity remains.

### **Special Educational Needs**

Bursley Academy is a dyslexia friendly school. We endeavour to meet the needs of children with a specific learning disability through good practice on a day to day basis. All classrooms are equipped with the necessary prompts and resources to support the children. Groupings are flexible and staff consider a range of teaching and learning styles to meet the need of dyslexic children in their lessons. All learning needs are catered for within PSHE. This includes, but is not limited to, dyslexia, ASD, dyspraxia, ADHD. Teachers ensure that planning takes into account the differing needs of pupils, including those with SEND and the more able.

### **Confidentiality and Handling Disclosures**

Due to the nature of PSHE education, pupils' learning may result in them seeking advice or support on a specific personal issue and we endeavour to create a safe and supporting learning environment with clear 'ground rules' set at the start of every lesson. We ensure that where pupils indicate that they may be vulnerable or at risk, they will get appropriate support by their class teacher and the safeguarding team.

### **Links to other policies**

1. Relationships and Sex Education
2. Drugs Education Policy
3. Behaviour Policies and Protocols



## **Bursley Academy PHSE Policy**

4. SEND Policy
5. Anti-Bullying Policy
6. Safeguarding (Child Protection) Policy
7. Equal Opportunities Policy
8. Disability Equality Scheme
9. Health and Safety Policy
10. Online Safety
11. Staff Code of Conduct

### **Appendices**

1. Long-term plan for Year 1-Year 6



# PSHE Curriculum Strands

<i>Whole School</i>			
<b>Autumn</b>	<b>Core Theme 1</b> Health and Wellbeing	<ul style="list-style-type: none"> <li>• Healthy Lifestyles</li> <li>• Keeping Safe</li> <li>• Growing and Changing</li> </ul>	<p><i>Core theme focuses on:</i></p> <ol style="list-style-type: none"> <li>1. What is meant by a healthy lifestyle</li> <li>2. How to maintain physical, mental and emotional health and wellbeing</li> <li>3. How to manage risks to physical and emotional health and wellbeing</li> <li>4. Ways of keeping physically and emotionally safe</li> <li>5. About managing change, including puberty, transition and loss</li> <li>6. How to make informed choices about health and wellbeing and to recognise sources of help with this</li> <li>7. How to respond in an emergency</li> <li>8. To identify different influences on health and wellbeing</li> </ol>
<b>Spring</b>	<b>Core Theme 2</b> Relationships	<ul style="list-style-type: none"> <li>• Healthy Relationships</li> <li>• Feelings and Emotions</li> <li>• Valuing Difference</li> </ul>	<p><i>Core theme focuses on:</i></p> <ol style="list-style-type: none"> <li>1. How to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts</li> <li>2. How to recognise and manage emotions within a range of relationships</li> <li>3. How to recognise risky or negative relationships including all forms of bullying and abuse</li> <li>4. How to respond to risky or negative relationships and ask for help</li> <li>5. How to respect equality and diversity in relationships</li> </ol>
<b>Summer</b>	<b>Core Theme 3</b> Living in the Wider World	<ul style="list-style-type: none"> <li>• Rights and Responsibilities</li> <li>• Taking Care of the Environment</li> <li>• Money</li> </ul>	<p><i>Core theme focuses on:</i></p> <ol style="list-style-type: none"> <li>1. About respect for self and others and the importance of responsible behaviours and actions</li> <li>2. About rights and responsibilities as members of families, other groups and ultimately as citizens</li> <li>3. About different groups and communities</li> <li>4. To respect diversity and equality and how to be a productive members of a diverse community</li> </ol>



## Bursley Academy PHSE Policy

			<ol style="list-style-type: none"><li>5. About the importance of respecting and protecting the environment</li><li>6. About where money comes from, keeping it safe and the importance of managing it effectively</li><li>7. The part that money plays in people's lives</li><li>8. A basic understanding of enterprise</li></ol>
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