


Bursley Academy
 PE Curriculum Overview

PE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Balance skills (Static)	Locomotor skills	Throwing & catching (Experimenting with equipment)	Dance	Ball skills (Roll, catch & throw)	Throwing & catching (Experimenting with equipment)
Stoke City Led	Locomotor skills	Throwing & catching (Experimenting with equipment)	Balance skills (Obstacles)	Ball skills (Roll, catch & throw)	Sports Day practice	Multi-skills
Reception	Balance skills (Static balance with self and equipment)	Locomotor skills	Throwing & catching (Experimenting with equipment)	Dance (Nursery rhymes)	Ball Skills (Roll, catch, throw & bounce)	Throwing & aiming (Experimenting with equipment)
Stoke City Led	Locomotor skills	Throwing & catching (Experimenting with equipment)	Balance skills (Obstacles)	Ball skills (Roll, catch, throw & kick)	Sports Day practice	Multi-skills
Year 1	Balance skills (Static & dynamic)	Locomotor skills through games	Dance (Story telling-fairy tales)	Team Games (Co-operative activities)	Team Games (Attacking & defending)	Athletics (Technique focus- running & jumping)
Stoke City Led	Locomotor skills through games	Throwing & catching (Basic handling)	Gymnastics (Individual floor routines)	Ball skills & games (Roll, catch, throw, kick & dribble)	Co-operative activities (Sports Day practice)	Invasion games (Basic invasion games)
Year 2	Balance skills (Static & dynamic)	Ball skills (Roll, catch, throw, dribble, kick & bounce)	Dance (Actions to words)	Team Games (Co-operative activities)	Team Games (Attacking & defending)	Athletics (Technique focus- running & jumping)
	Locomotor skills through games	Throwing & catching (Basic handling plus movement)	Gymnastics (Partnered floor routines with basic apparatus)	Ball skills & games (Roll, catch, throw, dribble, kick & bounce)	Co-operative activities (Sports Day practice)	Invasion Games (Basic invasion games)
Year 3	Team building games	Invasion Games (Attacking & defending- end zones)	Dance (Actions to words)	Target Games	Athletics (Technique focus-running jumping & throwing)	Striking & Fielding (Kick rounders)
Stoke City Led	Invasion Games (Attacking & defending)	Team Games (Bench ball)	Gymnastics (Exploring apparatus)	Striking & Fielding (Fundamentals)	Competitive games (Sports Day practice)	Striking & Fielding (Cricket)
Year 4	Swimming		Swimming		Swimming	
	Invasion Games (Attacking & defending-end zones)	Team Games (Dodgeball)	Dance (Exploring dance)	Invasion Games (Football)	Competitive games (Sports Day practice)	Striking & Fielding (Cricket)
Year 5	Dance (Morris Dancing)	Target Games	Invasion Games (Handball)	Fitness (Healthy active lifestyles)	Competitive games (Sports Day practice)	Striking & Fielding (Longball & Danish Longball)
Stoke City Led	Invasion Sports (Netball)	Invasion Sports (Hockey)	Gymnastics (Partnered routines including apparatus)	Tennis	Athletics (Speed, pace, distance, power & technique)	Striking & Fielding (Rounders)
Year 6	Dance (Jive)	Target Games	Invasion Sports (Basketball)	Fitness (Healthy active lifestyles)	Competitive games (Sports Day practice)	Invasion Games (Tag Rugby)
Stoke City Led	Invasion Sports (Netball)	Invasion Sports (Hockey)	Gymnastics (Group routines including apparatus)	Tennis	Athletics (Speed, pace, distance, power & technique)	Striking & Fielding (Rounders)