

EYFS

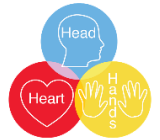
Autumn

Autumn 1

Autumn 1				
Curriculum Area	Focus	Crucial Knowledge	Development Matters	Key Vocab
PSED (PSHE)	Feelings – me and others	There are different emotions I can feel sad, scared, happy, angry.	Express their feelings and consider the feelings of others. Identify and moderate their own feelings. Think about the perspectives of others. Talk about their feelings using words like 'happy', 'sad', 'angry', 'worried'	Emotions Feelings Sad Scared Happy Angry

Autumn 2

Autumn 2				
Curriculum Area	Focus	Crucial Knowledge	Development Matters	Key Vocab
PSED (PSHE)	Feelings- me and others.	There are different emotions I can feel sad, scared, happy, angry It is important to clean my teeth twice a day. Road safety – we need to stop, think, look and	Identify and moderate their own feelings. Think about the perspectives of others. See themselves as a valued individual. Know and talk about the different factors that support their overall health and wellbeing. Being a safe pedestrian.	Emotions Feelings Sad Scared Happy Angry

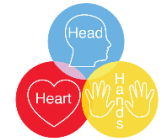


		listen, wait for an adult and then cross	Make healthy choices about toothbrushing	
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Spring

Spring 1				
Curriculum Area	Focus	Crucial Knowledge	Development Matters	Key Vocab
PSED (PSHE)	My home. Being a good friend (special people)	People live in different kinds of homes. They look different and have different things inside. I know how to be a good friend: sharing, helping, kind hands, letting others join in.	Build constructive and respectful relationships Work and play cooperatively and take turns with others. Form positive attachments with adults and friendships with peers. Show sensitivity to their own and other's needs.	Home Special Different Carer Friend

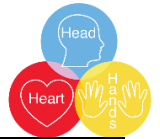
Spring 2				
Curriculum Area	Focus	Crucial Knowledge	Development Matters	Key Vocab
PSED (PSHE)	Being healthy Keeping safe	For a healthy body we need: Healthy range of foods	Be increasingly independent in meeting their own care needs e.g. brushing teeth, using the toilet, washing and drying their hands thoroughly	Healthy Safe Exercise



		<p>Exercise</p> <p>Water</p> <p>Sleep</p> <p>To keep clean</p> <p>We need to keep safe when:</p> <p>It's hot outside</p> <p>When we are not very well</p>	<p>Make healthy choices about food, drink, activity and toothbrushing</p> <p>Manage their own personal hygiene</p> <p>Know and talk about different factors that support their overall health and wellbeing</p>	
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Summer

Summer 1				
Curriculum Area	Focus	Crucial Knowledge	Development Matters	Key Vocab
PSED (PSHE)	<p>My body</p> <p>Growing and changing</p>	<p>We grow up and we change and so does our environment</p> <p>We have different parts of the body</p>	<p>Participate in discussions</p> <p>Manage own basic hygiene and personal needs</p> <p>Understand important changes in the natural world and around them.</p>	<p>Grow</p> <p>Change</p> <p>Body:</p> <p>Knee</p> <p>Arm</p> <p>Hair</p> <p>Ear</p> <p>Eye</p> <p>Nose</p> <p>Hand</p>



Summer 2

Curriculum Area	Focus	Crucial Knowledge	Development Matters	Key Vocab
PSED (PSHE)	Being Safe Transitions to new class	It is important that we: Know who we can go to if we need help. Make good choices. Communicate our preferences. Express when we don't like something.	Show an understanding of their own feelings and those of others. Follow instructions involving several ideas. Show independence, resilience and perseverance in the face of challenge. Explain the reasons for rules. Know right from wrong.	Safe Communicate